































	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 AM	 8:30am Michele	 8:15am Lorelle	 8:30am Michele	 8:15am Leslie	 8:30am Michele	 8:30am Cheryl	
9:30 AM	 9:30am Steffany	 9:30am Cameron	 9:30am Carly	 9:30am Hana	 9:30am Cameron	 9:30am Danielle	 9:30am Meghan/Alina
10:30 AM	 10:30am	Barre 10:40am Evelyn	 10:30am Carly	 10:40am Keisha	 10:30am Carly	 10:30am L/C or B/J	
11:30 AM	 11:30am Joy	SENIOR CIRCUIT 11:40am Larry	 11:30am Evelyn	SENIOR CIRCUIT 11:40am Larry	 11:30am Evelyn		
5:00 PM		 5:00pm – 6:00pm Shelley		Barre 5:00pm Evelyn		Group Fitness Director: Carly Nelson Carly@DunedinFamFit.com	
5:30 PM	 5:30pm Shelley		 5:30pm Larry & Cheryl			Barre New Evening Time! Thursdays at 5pm!	
6:30 PM	 6:30pm Larry & Cheryl	 6:00pm – 7:00pm Shelley	 6:30pm - Claudia	 6:00pm Steffany/Carrie			
7:30 PM		 7:00pm Cheryl		 7:00pm Cheryl		Group Fitness Schedules Are Always Online at www.DunedinFamFit.com	