



























	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30 AM				 5:30am Shelley		Our Group Fitness Schedule Is Always Online At: <a href="http://www.DunedinFamFit.com">www.DunedinFamFit.com</a>		
8:30 AM	 8:30am Michele	 8:15am Ryan	 8:30am Michele	 8:15am Leslie	 8:30am Michele	 8:30am Cheryl		
9:30 AM	<b>Circuit + Core</b> 9:30am Carly	 9:30am Cameron	 9:30am Cameron	 9:30am Hana	 9:30am Cameron	 9:30am Vanessa	 9:30am Cheryl	
10:30 AM	 10:30am Carly	 10:40am Barbara	 10:30am Ryan	 10:40am Barbara	 10:30am Carly	 Bill & Jean/ Larry & Cheryl 10:30am		
11:30 AM	 11:35am Tracy	<b>Cardio Circuit</b> 11:40am Larry	 11:35am Tracy	<b>Cardio Circuit</b> 11:40am Larry		<b>SLIM CHALLENGE</b> 11:45am \$ Paid Class \$		
5:00 PM	<b>CORE Complete</b> 5:00pm-5:30pm Vanessa	 5:00pm – 6:00pm Shelley	<b>CORE Complete</b> 5:00pm-5:30pm Carly		2646 Bayshore Blvd. Dunedin, FL 34698 • 727-736-6698 Group Fitness Director: Carly Nelson Carly@DunedinFamFit.com			
5:30 PM	 5:30pm Vanessa		 5:30pm Larry & Cheryl	 5:30pm Steven	General Manager: Shaun Bryant Sbryant@DunedinFamFit.com			
6:30 PM	 6:30pm Jennifer		6:00pm Shelley	<b>SLIM CHALLENGE</b> 6:30pm \$ Paid Class \$	 6:30pm Cheryl	<b>Childcare Hours</b>		<b>Club Hours</b>
7:30 PM		 7:00pm Cheryl			Monday - Friday	8:30am- 12:00pm	Monday – Thursday	5am-10pm
					Monday - Thursday	4:00pm- 8:30pm	Friday	5am-9pm
					Saturday	8:30am- 12:00pm	Saturday	8am-6pm
					Sunday	Closed	Sunday	8am-5pm